



## COVID-19 Operational Plan, Appendix B Self-Isolation plans for Employees

### Out-of-Province Essential Work

Holstein Canada takes great pride in ensuring safety of our clients, our employees and our neighboring provinces during the COVID-19 pandemic. Safety of the Dairy Food Supply Chain and administering our mission, "A Healthy Canadian Dairy Industry for All" remains at the forefront of all our decision making. Listed below is the itemized list of self-isolation requirements for all employees when traveling outside of their home province

### Self-Isolation

All Out-of-Province Essential worker employees are required to:

- Upon arrival at their province of destination all employees are required to rent their own individual car and travel directly to their pre-designated hotel
- self-isolate when they are not at work or while travelling to and from the workplace
- not leave their accommodations only to travel to the work site
- Have all meals and goods required by the employee during their stay will be delivered, using curbside pick-up or a delivery service
- Travel as directly as possible to the work site. No other trips into the community are permitted (no shopping, visiting, tourism, etc)
- Wear non-medical masks and/or PPE required for their work and maintain physical distancing of 2m while working. They must always wear a non-medical mask when working in public spaces
- Monitor their symptoms closely, and if they start to feel sick, self-isolate and complete a COVID-19 assessment
- To carry their mobile COVID-19 testing kit and to submit a sample should they have fever, cough, sore throat, runny nose/nasal congestion, headache and/or shortness of breath
- Must complete a passive COVID-19 survey each morning prior to their scheduled work day. Should any of the questions in the passive survey receive an answer 'yes', the employee is required to stay in, self-isolation and contact their direct supervisor immediately

## **Supervisor - Contact for Out-of-Province Essential worker employees**

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